What School Counseling Programs Teach

**Academic Development**
- Effective learning in school & across the life span
- Design academic strategies to assist student progress
- Relationship of academics, work, family & community life

**Personal & Social**
- Interpersonal skills to respect self & others
- Decision making, setting goals & taking action to achieve goals
- Understanding everyday safety & survival skills

**Career Development**
- Investigate the world of work to make informed decisions
- Strategies to achieve future career goals
- Relationship of personal qualities, education, training & work

Contact Information

Centre School:
Samantha LaRochelle
603-926-8706
slarochelle@sau90.org

Adeline C. Marston School:
Susan Antico
603-926-8708
santico@sau90.org

Hampton Academy:
Brooke Bassett & Angela Bowen
603-926-2000
bbassett@sau90.org
abowen@sau90.org

SAU 90
Kathleen Murphy
Superintendent of Schools
6 Marston Way
Hampton, NH 03842
603-926-4560

“No act of kindness, no matter how small, is ever wasted” Aesop

ASCA National Model for School Counseling Programs
American School Counselor Association
www.schoolcounselor.org

Hampton School District Counseling Programs

Academic

Personal & Social

Career

School Counselors are Partners in Student Achievement

SAU 90
Centre School: K-2
Adeline C. Marston: 3-5
Hampton Academy: 6-8
Who are Professional School Counselors?

Professionals with...
- Masters Degree in School Counseling/Related Field
- New Hampshire K-12 School Counseling Certificate

What Do Professional School Counselors Do?

- Direct Comprehensive School Counseling as defined by the New Hampshire Model for Counseling
- Direct Comprehensive School Counseling as defined by American School Counselor Association National Model
- Teach, monitor and plan interventions for increased achievement of all students K-8
- Provide leadership to accomplish the district’s mission and school improvement plans
- Assist all students in their academic achievement and social/emotional development

How School Counseling Programs are Delivered

Curriculum

Lessons designed for achievement of knowledge & skills in career, academic, personal & social development
- K-8 Classroom Instruction
- Standards-Based Lessons
- Interdisciplinary Curriculum
- Small & Large Group Activities

Responsive Services

A plan that meets the immediate needs of students
- Individual & Small Group Counseling
- Crisis Intervention
- Teacher Consult
- Interventionist Consult
- Referrals for Students & Families

System Support

Activities that establish, maintain & enhance the total school counseling program
- PBIS, Responsive Classroom, & Olweus
- Consultation, Collaboration & Teaming
- School Improvement Involvement
- Collaborative Transition Planning
- Family Involvement
- Community Outreach

Individual Student Planning

Individual Academic Planning
- Academic Planning
- 504 Coordination
- Review & Plan Tier Support
- Success/Behavior Plans
- Placement Planning
- Seamless Transition to Sending Schools