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Occupational Therapy

OCCUPATIONAL THERAPY MIDDLE SCHOOL SERVICES

Occupational Therapy is implemented at Hampton Academy as part of a student's Individualized Education Plan (IEP) when the school Team and licensed Occupational Therapist, through a comprehensive evaluation process, determine that deficits or weakness in fine motor, visual motor, sensory regulatory and/or certain organizational skills are an impediment to the student's progress in academic goals. This specialized support service is intended to be skill-focused and short-term, targeting the areas of concern and leading toward functional independence.

A student's Occupational Therapy plan may consist of direct, individualized sessions outside of the classroom, OT supported application of skills during classroom instruction, and/or OT consultation to teaching and support staff to insure taught strategies are continuously being monitored and reinforced when applied in an academic setting. Generally, a combination of direct and indirect Occupational Therapy services works well to establish a student's eventual autonomous mastery of skills and strategies. When the student is able to apply OT instruction to participate and function independently in school life, he or she is ready to be discharged from the service.

If you would like further information about Occupational Therapy services at Hampton Academy, please contact Elyse Gallo Ed.M. OTR/L at egallo@sau90.org